

The Severn Hospice Midnight Walks are an amazing night out and a great way to support your local Hospice. In 2011 over 1,200 ladies joined us for a night to remember and helped to raise over £100,000 for our patients and their loved ones across Shropshire, Telford and Mid Wales.

Our Midnight Walks in Telford and Shrewsbury follow well lit, wide pavements along a 10km course. The routes are marshalled at every road crossing and junction by our team of volunteers, who will guide you along the course.

Registration is just £10 until 2 April 2012, when it will increase to £15. Return your form, with cheque payable to 'Severn Hospice', to:

Midnight Walk, Severn Hospice, Bicton Heath, Shrewsbury, SY3 8HS.

The deadline for entries is Friday 11 May for the Telford walk and Friday 15 June for the Shrewsbury walk.

A few points to remember before you send your form back:

- You must be aged 14 years or over to take part in the event
- If you are under 16 you must be accompanied by an adult
- At the request of the venues dogs are not permitted on the walks
- Whistles, klaxons, water pistols and other items that may cause noise pollution are banned
- A condition of entry is that you raise sponsorship for Severn Hospice. There is no minimum amount required

You can also register online at www.severnospice.org.uk

Volunteers

The Midnight Walks can only take place with the help of volunteers. Over 150 volunteers are needed for each event. If you know of anyone who would like to help please let us know their name and a contact number and we'll do the rest.

Name:

Phone Number:



**Severn
Hospice**

Charity No: 512394



Midnight Walks

26 May 2012 - Telford

30 June 2012 - Shrewsbury

10km women only sponsored walk, register now:

www.severnospice.org.uk

01952 221351 or 01743 354450

Only one person per form please. Any incomplete forms will be returned to the individual

Please circle your chosen Walk: Telford or Shrewsbury

Title: Name:

Surname:

Address:

Post Code:

Home Phone No:

Mobile Phone:

[A mobile phone number is required for your safety]

Email:

Emergency contact name and number:

How did you hear about the event? *Social Media/ Poster or Flyer/ Radio/ Newspaper/ Family Member/ Work Colleague/ Friend/ Hospice Shop/ Website/ Hospice / Took part last year* [Please circle]

Do you have any medical conditions we need to know about?

Have you set up an online Just Giving page? Yes/No [Please circle] For more information on how to set up a Just Giving page visit www.justgiving.com/severnhospice

What size t-shirt would you like? Medium/Large/X-Large [please circle]

If you are under 16 years please provide your date of birth and the name of the adult accompanying you [You must be aged 14 years or over to take part]:

Raising sponsorship is a condition of entry into the Midnight Walk. I give permission to Severn Hospice to take photographs of myself and any minors in my care and for those photographs to be used for publicity, media and internet publication.

Signed: Date:

[To be signed by parent or guardian if walker is under 16 years]

Severn Hospice respects your privacy and will not sell or trade your information to any other charity or external company or organisation. Donor details are held and used internally, if you would prefer never to hear from us please contact us and we will add you to our suppression list. Personal details of our patients and their families are held securely and separate to our appeals data.

For office use only Donor No:



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