

The Great Big Bike Ride Sunday 2 September 2012

The Great Big Bike Ride is a partnership event between Severn Hospice and The Bicycle Hub of Jackfield. The Bicycle Hub is responsible for organising the route. Severn Hospice is responsible for preparing information packs and ensuring the riders have all the details they require.

If you have a query about what bicycle to use for the event or any questions about the route, please contact The Bicycle Hub on 01952 883249.

Please read the terms and conditions inside this booklet before submitting your form. For more registration forms contact the Appeals Department on 01743 354450 or email appeals@severnospice.org.uk. You can also register online at www.severnospice.org.uk.

You must be aged 18 years or over to take part in the 100km route and aged 14 or over to take part in the 50km route. Please note that any under 16s who take part in the 50km route must be accompanied by an adult or guardian who must withdraw from the event if they do.

You will be issued with a sponsor form on registering for the ride, we ask that you raise as much as possible for Severn Hospice. Sponsorship money must be sent to the Appeals Department at Severn Hospice, Bicton Heath, Shrewsbury, SY3 8HS by Friday 5 October 2012.

Please retain this side of the form for reference to the terms and conditions. Once you have completed the registration form cut along the dotted line and return to:

The Great Big Bike Ride
Severn Hospice
Appeals Department
Bicton Heath
Shrewsbury
SY3 8HS

The deadline for entries is Friday 24 August 2012. Please make cheques payable to 'Severn Hospice'.



Severn Hospice

Charity No: 512394

in partnership with



The Great Big Bike Ride 2 September 2012

50km or 100km routes from Shawbury

Register now:
www.severnospice.org.uk
01743 354450

Only one person per form please. Any incomplete forms will be returned to the individual

Title: First Name:

Surname:

Address:

Post Code:

Home Phone No:

Mobile Phone:

[A mobile phone number is required for your safety]

Email:

Emergency contact name and number:

Do you have any medical conditions we need to know about?

How did you hear about the event?
*Social Media/ Poster or Flyer/ Radio/ Newspaper/ Family Member/
Work Colleague/ Friend/ Hospice Shop / Website/ Hospice / Took part last
year* [Please circle]

Have you set up an online Just Giving page? Yes/No [Please circle] For more information on how to set up a Just Giving page visit www.justgiving.com/severnhospice

100km: I enclose my registration donation of £25
50km: I enclose my registration donation of £12.50

Please note that raising sponsorship is a condition of entry for those taking part in the 50km ride

Signed: Date:

To be signed by a parent or guardian if under 16 years

Severn Hospice respects your privacy and will not sell or trade your information to any other charity or external company or organisation. Donor details are held and used internally, if you would prefer never to hear from us please contact us and we will add you to our suppression list. Personal details of our patients and their families are held securely and separate to our appeals data.

For office use only Donor No:



Terms and Conditions of The Great Big Bike Ride

Places in The Great Big Bike Ride are limited and registration forms will be dealt with on a first come first served basis. The closing date for the event is 24 August 2012.

Safety

All riders must follow the instructions provided by The Great Big Bike Ride organisers and marshals. We recommend that all cyclists wear a properly fitted British Standard helmet and reflective clothing. This will be compulsory for all riders under the age of 16. Riders must ensure that their bicycle is in roadworthy condition. Organisers are not responsible for the health of participants. If you have any concerns please consult your GP before taking part. Experienced cyclists should also undertake training prior to undertaking the 100km route due to the distance involved. It is recommended that you are able to ride at least 75% of the course distance comfortably beforehand. You must carry a charged mobile phone at all times and provide the number to the organisers. All cyclists must understand that this ride is not a race or trial of speed. It is a personal challenge for each individual and no record of times will be kept.

Non-Finishers

Participants must arrange their own transport should they choose to withdraw from the event. The organisers will not be responsible for providing transport for them. No accompanying vehicles can follow cyclists on the route.

Country Code/Highway Code

All cyclists must obey the Country Code and Highway Codes. Participants must respect all other road users and pedestrians at all times. Cyclists must obey all instructions from the marshals and be aware when cycling on the road that marshals are only there to indicate the direction of the route. It is up to individual cyclists to ensure that the movement is safe.

Sponsorship

Raising sponsorship is a condition of entry for participants taking part in the 50km ride. For those taking part in the 100km ride it is optional.

Disclaimer

The organisers, promoters and volunteers of The Great Big Bike Ride cannot be held responsible for any loss or damage to personal effects or for injury, accident or death arising from the event, unless an incident is proven to have arisen from neglect on the part of the organisers, promoters or volunteers. All cyclists must accept and abide by all of the terms and conditions, and participate in The Great Big Bike Ride at their own risk. They must rely on their own common sense when dealing with any hazards and remain safe to themselves and others throughout the event. We recommend that all riders consider joining the CTC or British Cycling, membership of which includes third party insurance.